PROPER ADMINISTRATION OF EYE DROPS

Procedure

- Wash hands thoroughly.
- Tilt head backward.
- Gently grasp lower outer eyelid below lashes and pull eyelid away from eye to create a pouch.
- Place dropper over eye by looking directly at it.
- Just before applying a single drop, look upward.
- After applying the drop, look downward for several seconds.

- Release the eyelid slowly
- Close eyes gently for 1-2 minutes. Minimize blinking or squeezing the eyelid.
- With a finger, put gentle pressure over the opening of the tear duct at the inner corner of the eye.
- If additional drops are to be administered concurrently, wait at least 5 minutes between each instillation.
- Replace the bottle cap without touching the dropper tip on any surface and wash hands thoroughly.